

## **MAKE UP, HAIR AND MISCELLANEOUS COSTUME INFORMATION FOR PERFORMANCES**

Dancers are **not allowed to wear underwear or leotards under their costumes** – tights only. If appropriate, dance trunks or nude leotards are allowed. There is absolutely **no eating** allowed while in costume. Water is allowed – dancers are encouraged to bring a water bottle with them. A light robe is recommended to wear in the dressing room prior to putting costumes on.

Girls must have their hair in a neat and securely fastened bun before arriving to photo shoot days, dress rehearsals and all performances (including outreach performances). To find the proper location for a bun, draw a diagonal line from the chin through the center of the ear to the back of the head. Please use hair pins and hair nets that match the hair. Gel and hairnets are required. Use hairspray to control any wisps. The only hair accessories that are allowed are ones that are part of a costume. No glitter!

As a general rule, make up for **younger dancers** should include brown eye shadow, rosy/pink blush and rosy/pink lipstick. **Older dancers** (level 4 and 5) should wear foundation, brown eye shadow, eye liner, mascara/false eyelashes, rosy/pink blush and red lipstick (pink based, not orange based). No face or body glitter for any dancer.

All jewelry (including earrings) must be removed. Older dancers (level 4 and 5) may wear small crystal type earrings. **Absolutely no nail polish!!**

Pointe shoe ribbons must be sewn to secure the ends. Ballet slippers must be tied and elastics tucked inside the shoe.

All Tap shoes must have screws tightened. Dancers need to periodically check their taps and carry with them a small screwdriver to make adjustments to the screws when necessary.

Any questions please email [info@saratogacityballet.com](mailto:info@saratogacityballet.com)